



Head Start Herald



From the Desk of Mrs. Tanya Coles, Head Start Director:

York County Head Start is designed to provide high-quality Early Care and Education to children and families. This is accomplished through positive relationships with families and high-quality services to children and families that will set them up for success! NAEYC, the National Association for the Education of Young Children, shares the characteristics of a high-quality preschool program:

Children develop positive relationships with each other and their teachers:

YCHS encourages connections between families at special events and within our classrooms, we emphasize the importance of Social Emotional learning through use of our curriculums: Teaching Strategies and Conscious Discipline.

Teachers set up the classroom, choose materials, and plan activities that support children's learning:

YCHS classrooms' are designed to promote play, to honor the home language(s) of our students; and encourages parents to provide suggestions for lesson plans and classroom activities.

Use a curriculum that is based on what most preschoolers should know and be able to do:

YCHS utilizes Teaching Strategies Gold, *The Creative Curriculum for Preschool*. This curriculum is research-based and takes a whole-child approach. In addition to *Creative Curriculum*, we also utilize *Conscious Discipline* as a supplemental curriculum for Social Emotional Learning lessons and activities.

Assess Children's Development and Learning:

Some of the tools YCHS uses to assess our student's learning and development include: Brigance, DECA, and the Virginia Kindergarten Readiness Program. The scores and information from these items are shared with families during Parent Teacher Conferences and used to provide individualized lessons and supports for our students.

Teachers build partnerships with families:

YCHS encourages families to attend Education Review Team meetings, Literacy Events, Earth Day, and other activities that support children's learning and development; invites families to join our Policy Council and other decision-making meetings, such Health and Mental Health Services Advisory Committee. And most importantly...

YCHS recognizes and empowers parents as their children's first and most important teacher!

THANK YOU for gifting us with the opportunity to provide high-quality Early Care and Education services to your family!

*Tanya Coles,
Head Start Director*



Important Dates and INFORMATION

Day	Date	Time	Event
Friday	April 4	12:30 pm	Early Dismissal @ 12:30p (All-Sites)
Monday-Friday	April 7-11	— —	Spring Break for Students
Wednesday	April 10	9:30 am 11:00 am	Policy Council @ GYC or  Volunteer Luncheon
Tuesday	April 22	2:30 pm	Earth Day (All-Sites)
Friday	April 25	5:15 pm	Touchdown to the End of School (GYC)
Monday	April 28	— —	Rev your Bev (All-Sites)



****Facebook****

Like us on Facebook and keep up-to-date on all events and school closures.
<https://www.facebook.com/YorkCountyVirginiaHeadStart>

EDUCATION



Finding quality affordable preschool is one of the biggest problems facing parents today. Dealing with school and being involved in your child's education is also difficult for working moms and dads.

How do you find out what your child is doing in school, How can you be involved when you have so little time and How can you follow up on your child's progress?

There are no easy answers, but here are a few ideas to help:

- Plan enough time to get your child to school early: this cuts down on stress in the morning.
- Work with your child's teacher or family services specialist if your child is having difficulties: if there is a stressful situation in the family let your child's teacher know so they can help, working together can make things easier for your child in school and at home.
- Have a regular time when you ask your child about school: dinner time is a good time for everyone to talk about the day's events.
- Volunteer for school activities and serve on committees: participate in weekly activities, such as reading a story or working on an art activity. Ask the teacher if there is something you can help do at home that you and your child can work on together.

Parent involvement enhances the ability of parents and staff to work together to support your child's growth and development. Parent involvement also allows parents to increase their skills and abilities through training opportunities and support services.

April showers make blooming flowers. The children will be exploring the different types of weather, learning how to plant seeds and the different types of bugs. Students will be planting flowers for Earth Day so please join your classroom on April 22, 2025, at 2:30. Head Start wants to encourage parents to come into the classrooms and get involved with your child. There are many opportunities for you to join us in our activities or just to read a story.

Head Start Teaching Staff

****Facebook****

Like us on Facebook and keep up-to-date on all events and school closures.

<https://www.facebook.com/YorkCountyVirginiaHeadStart>



FAMILY SUPPORT SERVICES



York County Head Start ACCEPTING APPLICATIONS For The SCHOOL YEAR 2025-2026

Starting March 2025

ABOUT US:

York County Head Start helps young children from low-income families and young children with disabilities prepare to succeed in school, promoting their development through early learning and family well-being.

APPLY NOW!

www.yorkcounty.gov/headstart

FOR MORE INFORMATION

☎ 757-890-3888

📍 1490 Government Rd.
Williamsburg, VA 23185

If you or know a family who is interested in Head Start for their child, please tell them they can visit our website or call us. Applications are available at:

Yorktown Library
8500 George
Washington
Memorial Hwy.
Yorktown, VA 23692

Tabb Library
100 Long
Green Blvd.
Yorktown,
VA 23693



WHAT DO I NEED TO APPLY?

- ✓ Most Recent W-2 or 1040 Tax Form
- ✓ 3-6 Months of the most recent paystubs
- ✓ Employment/Unemployment Verification
- ✓ Most Recent SSI/SNAP/TANF Verification
- ✓ Housing Cost Summary: Provide a recent copy of each: Rent/Mortgage Payment, Dominion Energy Bill, VA Natural Gas, and Water Bill



Scan QR code to go to website





FAMILY SUPPORT SERVICES



York County Head Start **ACEPTAR SOLICITUDES** For The **AÑO ESCOLAR 2025-2026**

Starting March 2025

ABOUT US:

Head Start del condado de York ayuda a niños pequeños de familias de bajos ingresos y/o niños pequeños con discapacidades a prepararse para tener éxito en la escuela, promoviendo su desarrollo a través del aprendizaje temprano y el bienestar familiar.

REGÍSTRATE AHORA!

www.yorkcounty.gov/headstart

PARA MÁS INFORMACIÓN

☎ 757-890-3888

📍 1490 Government Rd
Williamsburg VA 23185

Si usted o conoce a una familia que esté interesada en Head Start para su hijo, dígalos que pueden visitar nuestro sitio web o llamarnos. Las solicitudes en persona están disponibles en:

Yorktown Library
8500 George
Washington
Memorial Hwy,
Yorktown, VA 23692

Tabb Library
100 Long
Green Blvd.
Yorktown,
VA 23693

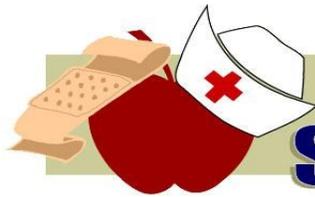
WHAT DO I NEED TO APPLY?

- ✓ Formulario de impuestos W-2 o 1040 más reciente
- ✓ 3-6 meses de los recibos de pago más recientes
- ✓ Verificación de empleo/desempleo
- ✓ Verificación más reciente de SSI/SNAP/TANF
- ✓ Resumen de costos de vivienda: proporcione una copia reciente de cada uno: pago de alquiler/hipoteca, factura de energía de Dominion, factura de gas natural de VA y factura de agua.

Scan QR code to go to website



Please bring your child's backpack to school every day and ensure that you check it every morning and evening. For safety and security, children are only allowed to bring clear backpacks to school provided by Head Start. No toys, food, medication, or other items should be brought to school in your child's backpack.



Health Services



EVERYDAY NUTRITION | EDUCATION

Everything Broccoli



Fourteen Ways to TRY Broccoli

Pizza



Mac n' Cheese



Salad



Stir Fry



Casserole



Chicken & Rice



With Veggie Dip



Roasted with Olive Oil



Soup



Baked Fritters



Quiche



Smoothie



Omelet

Steamed



NATIONAL CACFP ASSOCIATION

Learn more at cacfp.org
This institution is an equal opportunity provider.

CACFP WEEK 2025

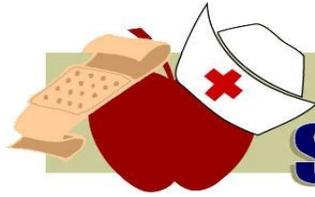
SESAME STREET In Communities ssic.org

Don't miss out on important information and meetings and exciting events! Check your email frequently for important information from Head Start!

You will be receiving **emails** and **text messages** from SchoolMessage@childplus.net

You will also receive emails from various Head Start staff members.

All of their emails will end with @yorkcounty.gov.



Health Services

Oscar's Bodacious Broccoli Bites

Ingredients

- 2 cups broccoli, trimmed
- 2 large eggs
- 1/2 cup ground bread crumbs
- 1/2 cup cheddar or Parmesan cheese
- Salt and pepper to taste



Directions

1. Steam broccoli until tender
2. In a bowl, combine eggs, bread crumbs, cheese, and seasonings
3. Coat steamed broccoli evenly with the mixture
4. Bake at 350° F for 15 - 20 minutes



This recipe created in partnership with
Sesame Street in Communities.

REMINDER

Please call 890-3888 to discuss your child's health status before coming to school, if your child or anyone in your household has been diagnosed with or exposed to RSV, COVID-19, or another communicable disease. We want to do all that we can to continue to protect Head Start's children and staff. It is a confidential matter but it is our reality. We cannot protect your child, other children, and our dedicated team if we are not aware. We ask that you please make us aware so that we can problem-solve together. It is the only way that we can limit the spread of viruses that are spreading in our community. Thank you for your cooperation.