

SENIOR CENTER OF YORK (SCY)  
Minutes of the Board Members Meeting  
The Senior Center of York  
Wednesday, September 10, 2025  
10:00 AM

1. Call to Order

10:01 a.m. the meeting was called to order by Chairperson, Erika Mitchell.

2. Roll Call

Board members present: Cheryl Nelson-Barnard, Nick Borelli, Carlos Britos, Pat Childers, Viana Dail, Dee Davis, Erika Mitchell, Buck Rodgers, Bob Santillan, Betty Titus

Board members not present: Tom McNamara

Staff members present: Lynne McMullen,

Staff members not present: Minnie Sippio, Gerald Patesel

York County Liaison, not present: Sheri Newcomb

York County Staff: Michelle Justiniano

Visitors present: Susan Christiansen

PAA Director: William S. Massey, not present

3. Approval of Minutes

Bob Santillan motioned to approve the August SCY Board minutes as presented. Viana Dail seconded the motion. All Board members present approved the motion.

4. Financial Report for the Senior Center

Treasurer, Pat Childers, provided an overview of all deposits and expenses in the August Treasurer's report. Cheryl Nelson-Barnard motioned to approve the report as presented. Bob Santillan seconded the motion. All Board members present approved the motion.

5. Committee Reports

A. Center Facility Operations

Lynne McMullen reporting. Board members reported at least two light fixtures in Suite #4 are out. New shelving was installed in the equipment closet of Suite #4. Board members noted that storage

areas in the building are overcrowded. Also, a board member noted there were patron complaints in her Body Renewal class that some of the hand weights need cleaning.

#### B. Center Programs

Lynne McMullen reported 1,441 patron visits in August. Craft programs are very popular and always have full registration with some waiting lists. Due to the popularity of craft programs, where possible, additional sessions will be offered to have more patrons in them. Jamming program participation is still a bit slow. Brain Busters day drew a few participants who enjoyed the games. An African Safari presentation by SCY patron Judy McDowell is scheduled today for Culture Day. On September 8, in honor of Senior Center Month, 24 people dropped by to enjoy donated Krispy Kreme donuts and Starbuck's coffee. A gift card drawing was held and the winning patron was thrilled to be awarded the gift! There was a discussion about concerns of the Colonial Downs trip, and other trip suggestions.

#### C. Health Programs

Lynne McMullen presenting Minnie Sippio's report in her absence. Health Day Cancer Awareness Program is Tuesday, September 23 at 11:00 a.m. Keri Houser with Riverside Cancer Care Network will share information on risk factors, symptoms and available screening options for various types of cancer. Medicare 2026 Update and Changes Program is October, 24 at 11:00 a.m. A representative from the Virginia Insurance Counseling Assistance Program (VICAP) will give an overview of 2026 changes and answer questions on Medicare. VICAP is a free program that assists consumers 60 and over and their families with benefit issues in Medicare, Medicaid, medical bill paying and long-term care insurance. Senior Safety Summit is October, 7 at Northside Christian Church from 8 a.m.-1 p.m. Registration is open and there is a \$7.00 fee. PAA will be picking up and taking their regular Dining Club participants. Others who would like to park and ride from the Senior Center will be transported on the York County mini bus. A Free Flu Vaccine Clinic is scheduled for October, 22 from 9 a.m.-12 p.m. This program is a partnership with Southeastern Virginia Health System and Peninsula Agency on Aging (PAA) and will be held at the SCY. The clinic is open to all adults age 18 and over. No insurance is required to receive a flu vaccine. To ensure sufficient vaccines are available, you should register for an appointment beginning September, 26, 2025. Register online at [www.yorkcounty.gov/parksandrec](http://www.yorkcounty.gov/parksandrec) or call 757-890-3444 before October, 22. However, walk-ins are welcome. Please bring ID. High dose and regular dose is available. There will be no Dining Club on October 24. Dining Club is staying busy with lots of activities. The program continues to assess needs and has added several new participants.

D. Peninsula Agency on Aging-no report this month

E. York County-no report this month

#### 6. Old Business

A. Nick Borelli and Erika Mitchell reporting on progress of By-Laws work group. The initial meeting to fully develop the By-Laws for the SCY was attended by Nick Borelli, Erika Mitchell, Viana Dail and Dee Davis. The meeting went well and the group is close to finalizing the By-Laws, and will present a draft to the Board members for approval.

- B. The Lancaster Trip needs at least 16 more registrations in order to go forth. The trip is being widely advertised, and board members were given flyers to distribute within their associations and in the community. Currently 22 people are registered.
- C. The August Movie, "Wicked" was a little too long for some participants who had to leave early. There were mixed reviews from the audience. September's movie is "Mrs. Doubtfire." October movie is "A Quiet Place" and in November, the movie will be "Maid in Manhattan."
- D. The Anniversary Birthday Bash is Friday, November 14, with Bryan Forest as the featured performer.
- E. The Christmas luncheon date is Wednesday, December 10th. Body Renewal will be canceled that day.

7. New Business

- A. Christmas Luncheon menu options were presented by Lynne McMullen.
- B. A Christmas piano concert and "Flute Frenzy" are being considered for December.

8. Information Items

- A. Reminder to sign-in volunteer hours in the log in book at the front desk.

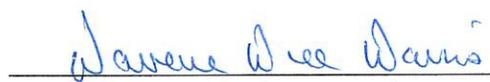
Announcements

The next Board meeting will be Wednesday, October 8, 2025 at 10:00 a.m.

Viana Dail made a motion to adjourn today's meeting at 11:10 a.m. and Betty Titus seconded the motion. All Board members present approved.

The minutes were reviewed and approved by:

  
\_\_\_\_\_  
Signature of SCY Board Chairperson

  
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Signature of SCY Board Secretary