

SENIOR CENTER OF YORK (SCY)
Minutes of the Board Members Meeting
The Senior Center of York
Wednesday, January 8, 2025
10:00 AM

1. Call to Order

10:08 the meeting was called to order by Chairperson, Erika Mitchell.

2. Roll Call

Board members present: Cheryl Nelson-Barnard, Pat Childers, Erika Mitchell
Dee Davis, Bob Santillan, Betty Titus

Board members not present: Carlos Britos, Lynda Bush, Viana Dail, Tom McNamara, Buck Rodgers

Board member resigning: Beverly-Jean Powell

Staff members present: Lynne McMullen, Minnie Sippio

Staff members not present: Gerald Patesel

York County Liaison Present:

York County Staff: Amber Richey

York County Liaison not present: Sheri Newcomb

Visitors present: Nick Borelli-Citizen

PAA Director: William S. Massey, not present

3. Approval of Minutes

Bob Santillan motioned to accept the November Board Minutes as presented. Betty Titus seconded the motion. All board members approved the motion. The Board did not meet in December; therefore no Board minutes have been recorded.

4. Financial Report for the Senior Center

Pat Childers, Treasurer, reporting this month. Ms. Childers provided an overview of November and December fiscal activity. Noteworthy were the volunteer quilt fundraising revenues deposited. Some more SCY Cookbooks were sold and proceeds were deposited in December. Expenses were for the monthly Birthday Bash, War Stories & Pizza, holiday luncheon, several musicians, a holiday outing, a craft program and a donation. Cheryl Nelson-Barnard motioned to accept the Treasurer's reports for November and December as presented. Bob Santillan seconded the motion. All members approved the motion.

Committee Reports

A. Center Facility Operations

Lynne McMullen reporting. Ceiling lights have been replaced where needed. Heat in Suite #3 needs maintenance. Batteries in alarm system were replaced and checked for working conditions.

B. Center Programs

Lynne McMullen reported 1,302 patron visits in November and 1,176 patron visits in December. During the first full week in January, Body Renewal classes on Monday and Tuesday were canceled due to inclement weather. Sound Therapy and Healing Class registration is going slowly. A free demonstration session will be offered on January 8, so that patrons can learn more. There is low registration for Latin Dance Class as well. A free demonstration will be offered January 8, to show the dance moves. Craft programs guided by Kathy Wahl continues to be very popular. A demonstration of Beginning Line Dancing will be offered January 13, to promote registration. Michelle Schopp, Community Outreach Coordinator from Wild Birds Unlimited will be doing a presentation on winter survival for backyard birds.

C. Health Programs

Minnie Sippio reporting today. Peninsula Community Health Collaboration Conversation session went well with feedback and 13 people in attendance. The Financial Series arranged by Carlos Britos concerning Elder Law was presented by Robert Brooks from Heritage Law. The session was well received by attending patrons. The SCY Dining Club averages 18-19 people weekly. Their project to make instruments from recycled items was completed and a recording was submitted to PAA. The Dining Club Christmas party included festive games for fun and was enjoyed by all. The next Diabetes Self-Management Workshop begins January 29. The annual Healthy Aging Conference at King of Glory church in Williamsburg is April 24. February 28, Melissa Moule, dietician from Sentara Health Systems, will present a healthy eating program. Tai Chi continues through February 5. If this Tai Chi program is offered again it will be held in the PAA offices. The Forum on Aging by PAA will take place on March 6 at Liberty Live Church in Hampton from 8 a.m. to 3 p.m. Registration can be done online.

D. Peninsula Agency on Aging (PAA) no report this month.

E. York County

Amber Richey, newly appointed Deputy Director of Community Services, was introduced to board members. Dr. Richey reported the County is still working on budgets. Sheila Noll was voted to the position of Chairman and Douglas Holroyd was voted to Vice Chairman of the Board of Supervisors last night for 2025.

Old Business

- A. Feedback from the Holiday Luncheon was that the food and fellowship was great. Several said they could not hear the music of Flute Frenzy over the conversations.
- B. The Twelve Days of Christmas activity was well received by patrons.
- C. The Holiday Outing at the Ferguson Center with Ricky Skaggs was enjoyed by all attending.

D. Flyers and advertising for the spring trip to Baltimore are in circulation. The cost is \$540.00 for double occupancy and \$675.00 for single. Trip includes travel, lodging, breakfast, some meals and a tour of Baltimore, the Naval Academy and a Harbor Cruise.

5. New Business

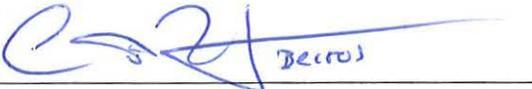
6. Information Items

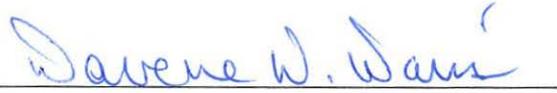
Announcements

The next Board meeting will be Wednesday, February 12, 2025 at 10:00 a.m.

A motion to adjourn today's meeting at 11:05 a.m. was made by Bob Santillan and seconded by Betty Titus. All board members were in favor.

The minutes were reviewed and approved by:


Signature of SCY Board Chairperson


Signature of SCY Board Secretary